

Rochester Childfirst Network
SERVING CHILDREN SINCE 1857



941 South Avenue Rochester, NY 14620 / on the web at rcn4kids.org

Family Child Care Newsletter

Phone:(585) 461-3598 Fax:(585) 461-3771

"Where children are the heart of the home"



March 2015

The next trainings for American Red Cross First Aid and CPR Certification are:



- April 11, 2015, 9:00 am–1:30 pm
- Refresher Course (Approx. 2 hours), call today to schedule a training if your certification is up for renewal!

\$80 Members/\$110 non-Members (Qualifies for EIP Scholarship!)

\$20 deposit due 1 week in advance register (no payment needed if using an EIP voucher)

Upcoming Trainings

workshop
training

Binkies, Blankets & Bottles (P.A. #1 Principles of Child Development) **3/28/15, 9:30 -12:00pm**

Come learn and share strategies for tackling tantrums, transitions, and both large and small changes in childcare.

Free Training Credit!

Cycle Menus and Meal Planning: (P.A. #2 Nutrition and Health) **3/28/15, 12:00 -2:30pm**, Join us as we discuss ways cycle menus offer many benefits to your daycare home and the families you serve. This workshop will qualify as your annual CACFP training and is FREE for FCCSGR CACFP providers!! Bring your best meal ideas!

Call or email to sign up for classes 585-461-3598 or amcbride@rcn4kids.org



Now participating in CACFP at RCN is easier than ever! With Minute Menu, you'll be able to submit your claims online at no extra cost!

No more postage! No more driving to drop off your claims! You'll have the option to submit claims without ever leaving your home. Plus, you can use it to keep track of enrollments, plan meals, and more.

Don't worry, you'll still have the option to submit paper claims just like you're doing now.

If you'd like to learn more, call the office at 585-461-3598 or email Amy McBride amcbride@rcn4kids.org



Provider Spotlight

CONGRATULATIONS!

Lashaunda Willis is our winner of the error free claims drawing!!!

In the upcoming months this section will be used to highlight you, the provider, for being such a special part of children's lives!

Here we will mention some of the great ideas, routines, and special moments from you!!

- **3 Year Old Screenings** will soon be available to eligible Rochester residents. These screenings are free and performed by teachers and trained professionals in areas such as hearing and vision, dental, social and language skills.. More info coming soon!
- We are currently have **2015 Calendar Keepers** for sale in our office. Come purchase yours while supplies last \$15.95 and a special discount for FCCSGR members.
- Would you like to connect with other Family Child Care professionals like yourself? We're looking to start a **Provider Social Group** that meets monthly here at RCN. Come have a few laughs, network, and have a night out! Please contact us if you are interested in joining the group!

CACFP Tip of the Month

Is Your Ravioli Modest?



Ravioli is often praised for what it is made of on the inside. However the grain is the **only** creditable CACFP component. The protein inside may not meet serving requirements. So this time it's the *outside* that counts!



Contact Us!

Maria Rodriguez -ext. 239

Tanya Dickey -ext. 248

Layla Bell - ext. 250

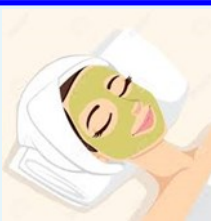
Amy McBride, Director of FCC - ext. 249

PARENT WORKSHOPS

Would you like to be more informed about social emotional development in children? Attend our free monthly workshops @ RCN. Our next classes will be held 3/11, 4/8 and 5/18/2015 6-8pm. *Tell your daycare parents and fellow providers!*

Dear Providers,

The work you do everyday is so important! You make a true impact on the lives of the children in your care. We are excited to tell you about an upcoming event on **Wednesday, April 29th from 5:30-8:00 pm** that is free to early childhood educators! Come and enjoy an evening of pampering and relaxation. There is even a free training, prizes and goody bags! Please see the included flyer for all the details. Please come and show the community that family child care providers are early childhood educators!



We hope to see you there!



CLAIMS



- Due by the 3rd day of the month
- Claim can be mailed but must be **post marked** no later than the 3rd
- RCN Family Child Care drop box when we open it at 8:00 AM on the 4th or claim will be considered late
- Send in your enrollment forms separate and before you mail in your claim