



MENU

September 2021 CACFP/SFSP

Snack



Note: Water must be offered with snacks each day

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4			1 Educational Snacks* Apple	2 Whole Grain Goldfish Crackers* Apple	3 Cinnamon Raisin Bagel* & Cream Cheese Orange
	6	7	8	9	10
5	Foodlink Closed	Whole Grain Goldfish Crackers* Apple	Low Sugar Cinnamon Toast Crunch* Apple	Non-Fat Flavored Yogurt Orange	Graham Crackers* Apple
	13	14	15	16	17
6	Educational Snacks* Orange	Yogurt Apple	Whole Grain Goldfish Crackers* Orange	Graham Crackers* Banana	Bean & Veggie Crackers* Apple
	20	21	22	23	24
1	Part-Skim Cheese Stick Orange	Whole Grain Goldfish Crackers* Apple	Low Sugar Cinnamon Toast Crunch* Apple	Non-Fat Flavored Yogurt Orange	Graham Crackers* Apple
	27	28	29	30	
2	Educational Snacks* Orange	Yogurt Apple	Whole Grain Goldfish Crackers* Orange	Graham Crackers* Banana	

Foodlink Community Kitchen ●

1999 Mt. Read Blvd., Rochester, NY 14615 ●

585-254-4423

*designates a whole grain rich product ●

● USDA is an equal opportunity provider and employer