



December 2021 CACFP/NSLP



MENU

BREAKFAST

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5			1 Whole Grain Blueberry Muffin* Apple 1% Milk	2 Whole Grain Bagel* Banana 1% Milk Cream Cheese	3 Whole Grain Rice Chex Cereal* Pear 1% Milk
6	6 Whole Grain Cheerios* Orange 1% Milk	7 Whole Grain Bagel* Apple 1% Milk Cream Cheese	8 Whole Grain Banana Muffin* Pear 1% Milk	9 Whole Grain Low Sugar Cinnamon Toast Crunch* Banana 1% Milk	10 Whole Grain Apple Cinnamon Muffin* Apple 1% Milk
1	13 Whole Grain Cheerios* Apple 1% Milk	14 Whole Grain Cinnamon Raisin Bagel* Orange 1% Milk Cream Cheese	15 Whole Grain Blueberry Muffin* Apple 1% Milk	16 Whole Grain Bagel* Banana 1% Milk Cream Cheese	17 Whole Grain Rice Chex Cereal* Pear 1% Milk
2	20 Whole Grain Cheerios* Orange 1% Milk	21 Whole Grain Bagel* Apple 1% Milk Cream Cheese	22 Whole Grain Banana Muffin* Pear 1% Milk	23 Whole Grain Low Sugar Cinnamon Toast Crunch* Banana 1% Milk	24 Holiday Foodlink Closed
3	27 Holiday Foodlink Closed	28 Holiday Foodlink Closed	29 Holiday Foodlink Closed	30 Holiday Foodlink Closed	31 Holiday Foodlink Closed