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Dates and Times	NYS OCFS Topics	Location	<h2 style="text-align: center;">Class Description</h2>	
<b>December 1st</b> 9:00-2:00		<b>RCN</b>	<b>American Red Cross First Aid, AED and CPR Certification :</b>  This 5 hour class will certify or recertify providers and their staff. Please not payments must be paid in full <i>ONE</i> week prior to the class.	
<b>December 11</b> 6:00-8:00	5	<b>Eastside</b> 500 Carter St Rochester, NY	<b>Business Records:</b>  Find out different ways you can keep your important documents organized such as child care record keeping, trainings hours, scheduling and coverage and many more.	
<b>December 29</b> 9:00-12:00 12:15-3:15	2  6,8	<b>RCN</b>	<b>Nutrition Made Very Simple:</b> Get a list of Recipes for lunch and snacks, Learn simple fun recipes that will want to get the kids involved. <b>Child Abuse and Maltreatment:</b> Child abuse and maltreatment identification and prevention includes such things as reporting protocol, documenting incidents and daily health checks. Preventing child abuse is a priority.	
<b>SGR MEMBERS ONLY</b>		<b>FOODLINK</b> First Tuesday of the month	<b>RSVP:</b> Please sign up for December 4 shopping event at Foodlink. This event will be from 5:00pm-7:00pm. You <i>must</i> bring your ID to enter the facility. Anyone interested on becoming a SGR member please call 585-461-3598 <b>Ext 293</b>	
			<b>Original Cost</b> Free for CSEA Satellite Member(SM) \$125/\$80	
			<b>\$70/ Free/Free</b>	
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	NYS OCFS Topics	Location	Class Description	Original Cost/ CSEA Members/ Satellite Member(\$M)
<p><b>Dates and Times</b></p> <p>January 8th 5:00-7:00</p>	<p><b>SGR MEMBERS ONLY</b></p>	<p><b>FOODLINK</b> 1999 Mt Read Ave</p>	<p><b>Shopping Distribution:</b> Satellite of Greater Rochester Providers will be allowed to take advantage of shopping at Foodlink. You will be able to get FREE fruits and Vegetables. Other items will be available to purchase at 49 cent a pound!</p> <p><b>***SGR members MUST</b> reserve a spot before attending this event. Please call Ivelisse at 585-461-3598 ext. 293 for more information.</p> <p><b>Blubber Burgers:</b> Find out what is really in those fast food burgers! Learn what foods are high in saturated fat, what fats are good for us, and ways to cut back on the bad fats in our diet.</p> <p><b>Guest speaker :</b> Joshua Wilcox</p>	<p><b>SGR MEMBERS ONLY</b></p> <p><b>\$70/ Free/Free</b></p>
<p>January 22 6:00-8:00</p>	<p><b>Informational Session</b></p>	<p><b>Rochester Childfirst Network</b></p>	<p><b>Pyramid Module:</b> Social-emotional behavior program being offered. You have the opportunity to attend this informational session to learn the benefits of implementing this program into your day care.</p> <p><b>Guest speaker :</b> Dorthea King</p>	<p><b>FREE</b></p> <p><b>**Spaces are limited. Please RSVP your spot today!</b></p> <p><b>\$105/Free/\$25sm</b></p>
<p>January 26 9:00-12:00</p>	<p>9</p>	<p><b>Rochester Childfirst Network</b></p>	<p><b>Shaken Baby Syndrome:</b> Learn the Common Cause and the results of shaken baby syndrome. This class will also discuss SIDS.</p>	<p><b>\$70/ Free/\$25sm</b></p>
<p>Individually Scheduled 2 hours</p>	<p>1,2,3</p>	<p><b>In-Home Training</b></p>	<p><b>Nutrition Made Very Simple:</b> Get a list of Recipes for lunch and snacks. Learn simple fun recipes that will want to get the kids involved! Children must be present for this hands on in home training (for ages 2 and up, MUST have 2 or more kids in care for this training)</p>	<p><b>\$70/ Free/\$25sm</b></p>