



# Breakfast Menu

Rochester Childfirst Network  
SERVING CHILDREN SINCE 1857



1-2yrs old = Whole Milk  
2-12yrs old = 1% Milk

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>WEEK ONE</b>	Milk Diced Melon Cheerios Cereal	Milk Bananas Bagels	Milk Oranges Rice Chex Cereal	Milk Pears WGR Muffins	Milk Apples Cream Of Wheat
<b>WEEK TWO</b>	Milk Oranges WGR Toast	Milk Bananas Oatmeal	Milk Apples Pancakes	Milk Mix fruit Cinnamon Toast Crunch Cereal (reduced sugar)	Milk Pears WGR Muffins
<b>WEEK THREE</b>	Milk Diced Melon Cheerios Cereal	Milk Bananas Bagels	Milk Oranges Rice Chex Cereal	Milk Pears WG Muffins	Milk Apples Cream Of Wheat
<b>WEEK FOUR</b>	Milk Oranges WGR Toast	Milk Bananas Oatmeal	Milk Apples Pancakes	Milk Mix fruit Cinnamon Toast Crunch Cereal (reduced sugar)	Milk Pears WGR Muffins

Menu Subject to  
change daily!