



Lunch Menu

Rochester Childfirst Network
SERVING CHILDREN SINCE 1857



1-2yrs old = Whole Milk
2-12yrs old = 1% Milk
Whole Grain Bread served daily

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK ONE	Milk Ground Beef Goulash Mix Vegetables Oranges WGR Roll	Milk Tukey & Cheese Sweet Peas Apples WGR Bread	Milk Meatball Mix Vegetables Banana WGR Roll	Milk Cheese Quesadilla Corn Apples WGR Wrap	Milk Chicken Patty Lettuce & Tomato Corn Pears WGR Roll
WEEK TWO	Milk WG Mac & Cheese Broccoli Pears WGR Rolls	Milk Cheeseburger Lettuce & Tomato Pears WGR Roll	Milk Rice & Beans Corn Muffin Lettuce & Tomato Banana WGR Rolls	Milk Grilled Cheese Tomato Soup Green Beans Apples WGR Bread	Milk Cheese Pizza Tossed Salad Mix Vegetables WGR Dough
WEEK THREE	Milk Ground Beef Goulash Mix Vegetables Oranges WGR Roll	Milk Tukey & Cheese Sweet Peas Apples WGR Bread	Milk Meatball Mix Vegetables Banana WGR Roll	Milk Cheese Quesadilla Corn Apples WGR Wrap	Milk Chicken Patty Lettuce & Tomato Corn Muffin Pears WGR Roll
WEEK FOUR	Milk Mac & Cheese Broccoli Pears WGR Rolls	Milk Cheeseburger Lettuce & Tomato Pears WGR Roll	Milk Rice & Beans Lettuce & Tomato Corn Banana WGR Rolls	Milk Grilled Cheese Tomato Soup Green Beans Apples WGR Bread	Milk Cheese Pizza Tossed Salad Mix Vegetables WGR Dough

Menu Subject to change daily!